

Somatic Disorders, A Functional Dilemma Using a team based approach to a set of complex diagnoses

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Objectives

- Define and differentiate Somatic Symptom, Factitious, Conversion/Functional Neurological Symptom Disorder & other disorders
- Discuss and analyze diagnostic and management strategies
- Identify and discuss regional and national resources for hospitalists

Somatic Symptom Disorder

- A. ≥ 1 Somatic Symptoms
- B. Excessive thoughts, or behaviors about symptoms:
 - 1. Disproportionate thoughts about seriousness
 - 2. Persistently high level of anxiety
 - 3. Excessive time and energy devoted
- C. State of being symptomatic is persistent

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders (5th ed.)*. Arlington, VA: American Psychiatric Publishing.

Functional Neurological Symptom Disorder (Conversion Disorder)

- A. ≥ 1 symptoms of altered voluntary motor or sensory function.
- B. Evidence of incompatibility between symptoms & recognized medical conditions.
- C. Not better explained by another medical or mental disorder.
- D. Causes clinically significant distress or impairment in functioning or warrants medical evaluation.

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Factitious Disorder Imposed on Self

- A. Falsification of physical/psychological signs or symptoms
- B. Presents himself or herself to others as ill, impaired, or injured.
- C. Deceptive behavior, even in the absence of external rewards
- D. Not better explained by another mental disorder

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Factitious Disorder Imposed on Another

- A. Falsification of physical/psychological signs or symptoms
- B. Presents **another individual** to others as ill, impaired, or injured.
- C. Deceptive behavior, even in the absence of external rewards
- D. Not better explained by another mental disorder

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Illness Anxiety Disorder

- A. Preoccupation with having or acquiring a serious illness
- B. Somatic symptoms are not present or, if present, are only mild in intensity.
- C. High level of anxiety about health
- D. Individual performs excessive health-related behaviors or exhibits maladaptive avoidance
- E. Illness preoccupation present for at least 6 months
- F. Not better explained by another mental disorder

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Psychological Factors Affecting Other Medical Condition

- A. Medical symptom or condition is present.
- B. Psychological or behavioral factors adversely affect:
 - 1. Course of the medical condition
 - 2. Interfere with treatment
 - 3. Lead to health risks
 - 4. Influence the pathophysiology, exacerbating symptoms or necessitating medical attention.
- C. Not better explained by another mental disorder

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Other Disorders

- Specified Somatic Symptom & Related Disorder
 1. Brief somatic symptoms disorder
 2. Brief illness anxiety disorder
 3. Illness anxiety disorder without excessive health-related behaviors
 4. Pseudocyesis

- Unspecified Somatic Symptom & Related Disorder

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Case Study Group Discussions

Regroup and Debrief

Physiatry Resources

- Pediatric PM&R providers: www.aapmr.org
 - Search engine with multiple contexts
 - Often able to communicate by phone with questions about appropriateness for rehabilitation services.
- Finding rehabilitation facilities:
<http://carelookup.com/inpatient-rehabilitation-facility-directory/providers.aspx>
- Commission on Accreditation of Rehabilitation Facilities (CARF)
Search by location, key words, or name:
<http://www.carf.org/providerSearch.aspx>

Psychology Resources

- American Psychological Association: www.apa.org
 - From “Psychology Help Center” page choose “Find a Psychologist”
- Society of Pediatric Psychology (Division 54 of APA):
<http://societyofpediatricpsychology.org/>
- Psychology Today: www.psychologytoday.com
 - Find provider by location, presenting issues, treatment orientation, etc.